

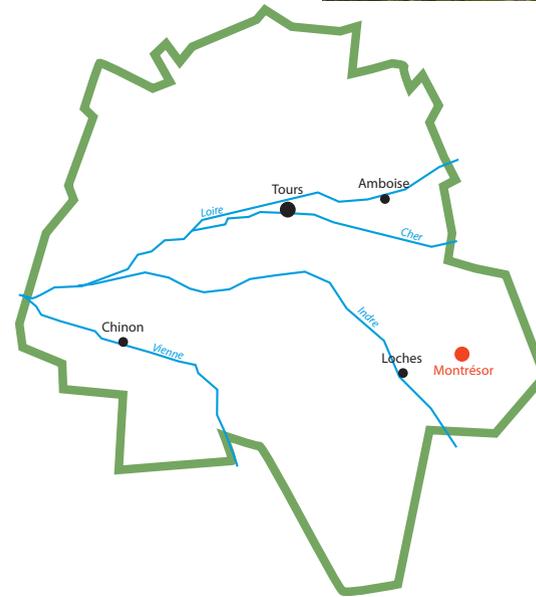
To see, to discover

Liget Chartreuse Abbey

The abbey was founded by Henry II of England and most of it was demolished during the French Revolution. All that remains is a large gateway and the relics of a chapel. The nearby Corroirie, a former outbuilding of the Liget Chartreuse, enabled the monks to earn a living.

Chemillé-sur-Indrois Lake

This 35 ha lake has a campsite, leisure centre with play area, fitness trail and beach (lifeguard in summer). The lake is also famous for its great carp, zander and pike fishing.

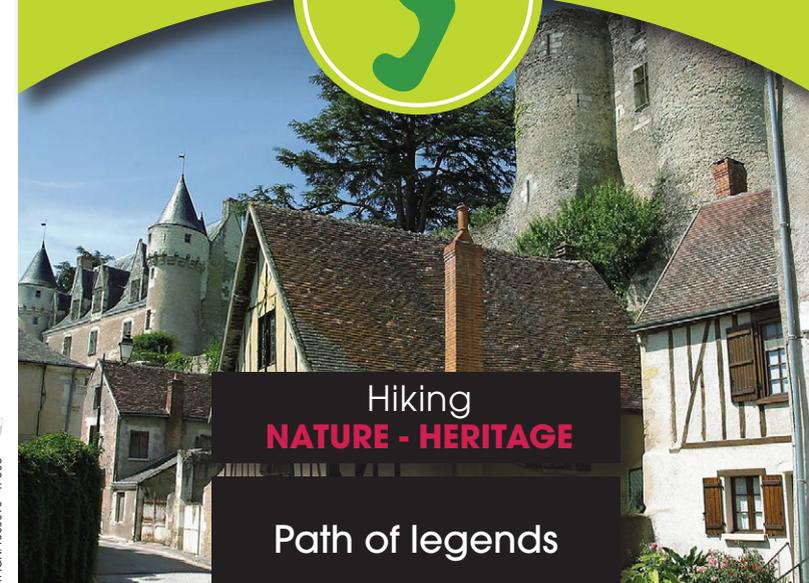


Walking charter

Cherish and respect nature. Listen to it, do not spoil it and do not harm it. Stay on the trail and be discreet. Do not damage plants or undergrowth. Do not smoke in the forest or do not light fires. Do not scare animals. Do not neglect human contact. Respect and get to know this rural world that welcomes you.

This material is funded by the Indre-et-Loire Council as part of the Footpath and Hiking Trail Regional Plan.

If you encounter any problem during the process of your walk, please inform us at sentinelle.sportsdenature.fr

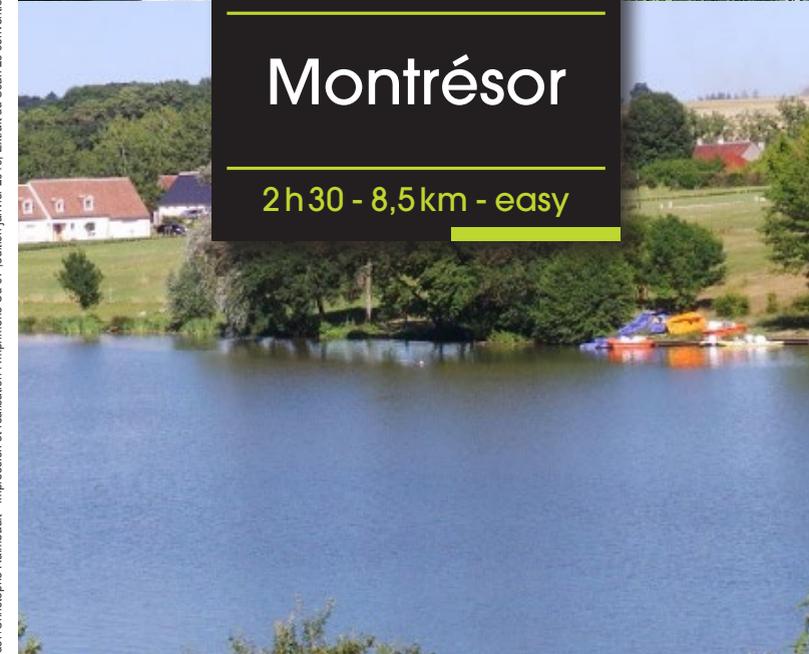


Hiking
NATURE - HERITAGE

Path of legends

Montrésor

2h30 - 8,5km - easy



TO FIND YOUR WAY

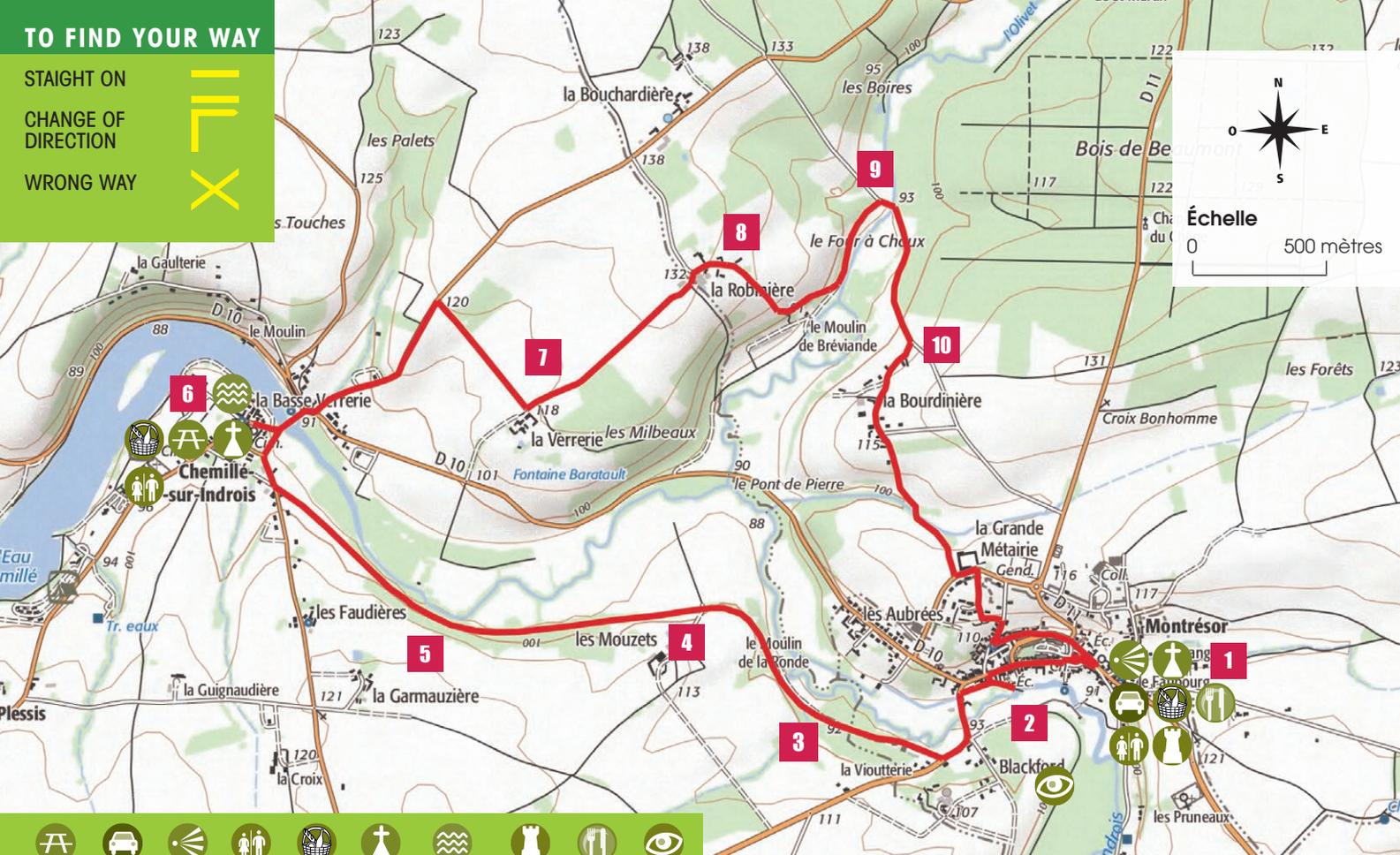
STRAIGHT ON



CHANGE OF DIRECTION



WRONG WAY



4

Barratault Fountain

A fountain that performs miracles lies ahead at the foot of the hill. Legend has it that if you dip your finger in the spring then you'll look 7 years younger! This is Barratault Fountain, the fountain of youth.

5

Indrois River

Continue your way along the Indrois River. People used to stop children from going to the river and drowning by saying: «don't go near or the witch will eat you!»

6

Chemillé-sur-Indrois

The village of Chemillé-sur-Indrois lies ahead. It may be famous for its lake but the church is also worth a visit. It houses a statue of Saint Hugh who people prayed to relieve gas and cradle cap in babies! Cross the Indrois and carry on along the road to Beaumont-Village and take the first path on the right.

7

La Verrerie woods

Turn left and go along La Verrerie woods. Ditches and embankments here have always sparked people's imaginations. Some people can see traces of Roman camps here. Others say that it was the English building low walls during the One Hundred Years' War. There's actually a valley nearby called Prairie des Anglées (pronounced like «English» in French)!

8

Spanish road

Go through the hamlet of La Robinière. You'll end up on the Grand Chemin, the local name given to the road running from Montrésor to Bléré. It's the old Spanish road that ran through Montrésor in the early 17th century. In the Middle Ages it probably wasn't unusual to see pilgrims on the way to Santiago de Compostela here.

9

Beaumont-Village woods

Turn right and carry on until you reach a bridge. Take a right again. You're on the edge of Beaumont-Village woods. Legend has it that one stormy night a long time ago, a cart was on a path through this forest when, all of sudden in a flash of light, the ground crumbled beneath the cart's wheels. The ground swallowed up the cart and its passengers in an instant.

10

Montrésor

Fork right after a deer pen and continue on your way back to Montrésor to end this legendary outing.

Montrésor, listed as «One of the Most Beautiful Villages in France», is your next stop to explore the village, its lanes, surrounding countryside, the Indrois riverbanks and Chemillé Lake. Walk among local legends.

1

Château

Legend has it that Prince Gontran and his squire rested at the foot of the mountain. The squire was dreaming of a beautiful princess when he woke up to see a lizard going into a channel in the rock and coming out covered in gold. That's how the squire and Gontran found fabulous treasure. Gontran had a castle built on Montrésor (treasure mountain) and his squire became the ruler and could marry the beautiful princess of his dreams.

The yellow route starts in front of Tourist Information Head for the château. The views of Indrois Valley are incredible. Take the Ruelle des Roches to reach the riverbanks.

2

Saint-Roch Chapel

Rue Xavier Branicki, Saint-Roch Chapel was once a pilgrimage site. It housed a statue of Saint Roch in pilgrim's clothing with a dog. People prayed to him when they had leg problems. You'll see a depiction of John the Baptist in the same street in the niche of a house's gable. Women struggling to conceive used to pray to the statue to give them a child.

3

Ancient aqueduct

Leave the village on Rue Grande. Fork right on the road to Loches towards the post office and follow the old railway line. A few hundred metres later, the hillside on your left is teeming with mysterious arches that were believed to hide treasure and lead to Liget Chartreuse Abbey. We now know that these arches are the relics of an aqueduct that channelled water to a small bygone town between Montrésor and Chemillé-sur-Indrois in Roman times.

Turn right at the crossroads and take the softly sloping path then take a left and a right.