Loches Touraine - Châteaux de la Loire

The art of strolling Tourist inspiration magazine · 2020 edition

Loches as seen by bloggers " La Route à Deux"

Le Liget : an impressive monastic complex

Part and

Green getaways : from the Indre to the Loire by bike





5 good reasons to come to South Touraine

Give yourself a breather by opting for the South Touraine, guaranteeing you original strolls that are perfect for getting away from it all. Come and experience fabulous getaways with a mix of nature and heritage, discover emblematic monuments, and find understated treasures in the heart of a mosaic of varied landscapes.

To marvel at its exceptional heritage

Travel through the ages, from the Neolithic through the Middle Ages to the Renaissance. The South Touraine is full of precious patrimony in which the white tuffeau stone has preserved the whispers of more than a thousand years of history.

To rejuvenate in its abundant nature

Fly the coop and criss-cross our vast horizons, painted in every shade of green. A plethora of charming villages are scattered along our rustic country roads, where nature serves as a backdrop to the old stones. Press the pause button and breathe it all in!

To treat yourself in this land of producers

Fertile soil and a mild climate combine to give products that are bursting with flavour. There are many local specialities to be found in shops, on market stalls, and in the dishes of our talented chefs. A great opportunity to meet and talk to our ambassadors of flavour.

To sample its legendarily relaxing way of life

Here, we take the time to truly live, watching the soft light that floods the horizon from dawn until dusk. Far from the hustle and bustle of the world, South Touraine will reveal its soul to you during walks, over a picnic, or during a visit to enjoy the present moment.

For its craftspeople and their unique skills

Bring back a nice holiday souvenir in your luggage, nothing could be simpler! Step into the artisans' and creators' shops, and they will share their passion and expertise with you. Treat yourself and take a little part of South Touraine home with you.



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www.loches-loirevalley.co.uk





to Loches Touraine Châteaux de la Loire Tourist Office



Marine, Marion, Virginie, Laurence, Armelle, Margot and Olivier welcome you to the Loches Touraine Châteaux de la Loire Ťourist Office

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Rebecca welcomes you to the Tourist Information Office in Montrésor 43 Grande Rue 37460 Montrésor

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Jean-Marc

encouraged the children's curiosity and motivated them until the end of the visit. It was user-friendly and suitable for young and old alike with easily accessible information. We spent more time in the rooms observing details that we would undoubtedly have otherwise missed. I particularly appreciated the immersive experiences using 3D reconstructions, it was such an innovative way to approach a visit! The underground area

The HistoPad enlivened the visit. Its playful approach

was one of the places that intrigued me most, seeing it as it was before and after felt like the walls were revealing their secrets...

Fanette The tablet 14 years was

easy to use, and it was amazing to discover what the site was like in the past with just one click. Today, the rooms are no longer furnished

verv

but I enjoyed knowing what it may have looked like at the time, especially the dungeons. I felt like I was taking a trip through history thanks to the 3D reconstructions. The sounds, the voices of soldiers, crossbows, the former atmosphere of the site was perfectly portrayed. It made the adventure even more believable.

Go back in time with the HistoPad

The HistoPad will take you on a unique experience of the Loches keep - built between 1013 and 1035 by Foulgues III Nerra, Count of Anjou - in only a few clicks. The keep, considered one of the best-preserved in Europe, offers a spectacular virtual visit and a journey through time thanks to augmented reality and 3D. Spaces that have been

Step back into the past at Loches keep with the HistoPad

All aboard to go back in time at the Loches keep with the HistoPad. Equipped with a touchpad, you will experience a virtual family tour through augmented reality. The 'doors of time' will open before you, taking you behind the scenes of history! Jean-Marc, Clarisse and their children, Virgile and Fanette from Noisy-le-Grand tested it and tell us about their experience.

> **Virgile** I loved the treasure hunt! We had to find **10** years objects hidden in the virtual decor of each old room. I lifted piles of laundry, dishes,

opened the furniture, the safes and inspected every nook and cranny. When I found the treasure, it was placed in a trunk and at the end, there was a surprise, so I had to make sure I found them all! Even mum and dad found it fun... I was very impressed by the reconstruction of the battle of 1205

the courtyard with the crackling fire and the size of the cannonballs. I felt like I was there, it was awesome! It was cool to visit with the tablet; using the cursor to go from one era to another to see the differences was brilliant. It was me that pointed it out to my parents!!

Clarisse We set out to explore the sites with the HistoPad which allowed us to take

control of our visit. The reconstruction of the decor is stunning! I could zoom in to enlarge objects when I wanted to get further details, and by sliding your finger from top to bottom you can access additional historical information. Perfect for people like me who want to know more. The map was very useful for finding your way and for knowing where you are! This visit enrichening device is appealing and suitable for the whole family.

More information : www.citeroyaleloches.fr

Loches Cité royale



DEUX FOIS PLUS D'HISTOIRES

*Twice as many stories in Loire Valley.







Un site du Conseil départemental d'Indre & Loire



Visit Loches in the autumn

BY ANAËLLE AND MAXIME, FROM THE BLOG 'LA ROUTE À DEUX'

Anaëlle and Maxime from the blog 'La Route à Deux' came for a stroll around Loches last autumn and tell us about their walk.

Let me tell you about our new stroll in Touraine, in the heart of the Royal City: Loches! It was undoubtedly one of our best surprises in the region. Even though we had had the opportunity to visit the Touraine many times, it was the first time that we visited the town of Loches, and we were won over!

The town is listed as a 'Ville d'Art et d'Histoire', 'Ville Fleurie' and as one of the 'Plus Beaux Détours de France', thanks to its large number of historic monuments, such as the medieval citadel and keep; the Saint-Ours church; the Logis Royale, its ramparts, and its doors; as well as its beautiful houses.

Loches town centre, at the foot of the citadel

After visiting the citadel, a stroll through the town centre is a must: the fortified gateways, Renaissance town hall, Saturday morning market, public garden, shopping streets, old houses, and the banks of the river Indre are all wonderful to explore.

Strolling through the market on Saturday morning *

When we arrived, we were pleased to discover that there was a market in the streets of Loches. There was a lot of activity in the town centre and a lot of people.

* There is also a market on Wednesday mornings

« We didn't know anything about the Cité Royale de Loches, and I must admit that we even hesitated about making the detour... but what a lovely surprise!! We were not sure what to expect and were pleasantly surprised by the richness of this town which well deserves to be included in the 'plus beaux détours de France'. So, if you are passing through Touraine, don't hesitate to go there! »



www.larouteadeux.fr

The Town Hall

The Town Hall is one of the most beautiful monuments in the town. The building houses the town hall. It is built on the inside face of the medieval rampart, just next to the Picois gateway. On its facade pilasters with vegetal chapiters, and mullioned openings can be admired. Looking up towards the upper dormer a salamander can be seen, the emblem of Francis I, which is also found at Chambord.

The Cordelier's gateway & Picois gateway

The Cordelier's gateway dates from the 15th century. It was equipped with two drawbridges that crossed the Indre. It allowed travellers coming via the Spanish road to enter. It gets its name from its proximity to the convent of Cordeliers. The Picois gateway is located on the right of the town hall.

The Chancellerie and the maison du Centaure

The Chancellerie is a Renaissance building that is open to the public. It houses an exhibition on the history of the town as well as temporary exhibitions. Next to it is the Maison du Centaure. Its facade is decorated with a relief representing Hercules and a centaur.

The public garden

We had a real soft spot for the public garden which is on the other side of the Indre. In autumn the park is very beautiful, and we photographed it from every conceivable angle. We particularly appreciated the view of the citadel and its reflection in the pools, surrounded by the autumn leaves. To get there we crossed two bridges which offered a nice view of the river.





«We particularly appreciated the view of the citadel and its reflection in the pools, surrounded by the autumn leaves.»







Canoe on the Indre

Set off on a canoe adventure and explore the Indre. Slip into a canoe for an hour, or a day, for an idyllic voyage along the river. An outdoor sports activity that allows you to relax with the rhythm of the paddle. Open to all, with various options to suit your needs. Drift along in peace whilst enjoying the landscape. Birdsong, peaceful silence, and various shades of green will accompany you on your way, allowing you to truly take it easy!

Cultu'raids concept

Place du port au sable • Avenue Aristide Briand 37600 Loches • Tel. :+33 (0)6 74 63 36 80

A leisurely

mosaic of colours.

Association Touraine-Planeur Aérodrome of Tours – Le Louroux

La Raudière 37240 Le Louroux

Dare to fly in a glider and discover

South Touraine like never before

The 'Touraine Planeur' flying club in Le Louroux offers

both young and old alike the possibility of flying onboard

the wind, you will feel the amazing sensation of gliding

and a sense of freedom. Supervised by an experienced

pilot, the initiation flight will take place without a hitch,

leaving you to experience a moment of pure joy with the

landscape of South Touraine revealing its sheer size and

Tel. :+33 (0)2 47 65 42 44/ +33 (0)6 43 04 56 69

Yummy

of a chees

a glider for an adrenaline-filled ride!! Cradled only by

and exotic stro

is guaranteed

Jardin René Boylesve



Taste goat's cheese

An unmissable local speciality; goat's cheese is the gourmet treat in any meal. Easily recognisable by its ash crust and elongated shape, into which an engraved rye straw is embedded. You can choose from fresh and aged goat's cheeses whilst strolling amongst the stalls at Loches market where many local producers gather. Spread on a slice of crisp, golden country bread, this cheese with a great local taste will delight you and your guests' palates. To be enjoyed without moderation





Afun activity that will be

a highlight of

oth Touraine

your <u>visit to</u>

Uncover the secrets of making sweets at Confiserie Hallard

A wide variety

MUST-DO

of experiences to try out

With berlingots, lollipops, marshmallows, and chocolates, Confiserie Hallard is the Ali Baba's cave of sweets! With fruity smells, varied shapes and tangy flavours, there is something for everyone here. The visit begins with an instructive film about sugar before a good-humoured demonstration carried out by Jean-Damien. The confectioner's performance guarantees an amazing experience as his skilful fingers transform the sugar as if by magic. Each child is then invited to make a lollipop and taste lots of sweets... How could you resist!!

Confiserie Hallard

MUST-DO EXPERIENCES

62 bis avenue Aristide Briand • 37600 Loches Tel. :+33 (0)2 47 91 91 97

Discover Loches by mini-train: a great way to see the sites

Board the mini train at Place de la Marne near the tourist office for a 40-minute visit. Fun for families and practical for older people, it is the ideal way to comfortably roam the town's streets. In order not to miss any of the emblematic sites, the mini train weaves through the town's picturesque alleys and the Cité Royale de Loches. Explanations add to the tour and provide essential information that is tailored to the route.

Office de Tourisme

Place de la Marne • 37600 Loches • Tel. :+33 (0)2 47 91 82 82

Cross over the Chemillé lake by giant zip-line

Take to the air on this adventure course with two giant zip lines allowing you to fly over the lake at the Chemillé-sur-Indrois leisure park. The first flight of approximately 300 meters in length and the second that takes you back safely will allow you to see the landscape whizz by whilst experiencing the thrilling feeling of gliding. An intense experience that mixes adrenaline with the excitement of flying like a bird!

Clic'Lac Parc Aventure • Lieu-dit Pièce de Chemillé 37460 Chemillé-sur-Indrois • Tel. :+33 (0)6 52 53 88 53 Activity accessible from 9 years of age up.



Take a walk in the Jardin **René Boylesve in Descartes**

Let's go on a journey in a garden with colours from all over the world! This medieval-inspired landscaped garden is located on the banks of the Creuse in the old grounds of a fortified castle. The garden fuses creativity and originality and is home to an astonishing and varied palette of plants. Rare or exotic centenary trees, a rose garden, and flower beds with harmonious colours flourish in this oasis of greenery. The mini animal park located right next door will delight the kids and round off your visit.

Impasse Notre Dame de la Haye or Allée Léo Lagrange 37160 Descartes • Tel. :+33 (0)2 47 91 42 00



Try a trip on an electric scooter

For a fun time with the family, nothing beats a scooter ride! The whole family will have a blast on these all-terrain electric two-wheelers. After some initial instructions and a warm-up lap to get used to the device, it's time for a ride on the country lanes at a pace that suits you and with little physical effort. A guide leads you along the route, immersing you in the wildlife in the heart of the forest; this green cocoon is perfect for getting back to basics.

Trott'ecow La Voisinière • 37600 Sennevières Tel. :+33 (0)6 43 62 71 95

See a concert at the Château du Châtelier

The feudal Château du Châtelier, encircled by its moat, hosts concerts during summer evenings in the original setting of the 'grange des protestants'. Come and spend an unforgettable evening in a place that is out of the ordinary at the heart of a peaceful valley in the tourangelle countryside. The roof is shaped like a boat's hull resulting in exceptional acoustics which will leave you speechless.

Château du Châtelier 37350 Paulmy •Tel. :+33 (0)6 99 01 62 62

Tee off at the Loches-Verneuil golf course

The green awaits you in an idyllic environment just 5 minutes from Loches. Take a moment to unwind on a perfectly maintained 9-hole course with a spectacular view of the Château de Verneuil. Whether you are a beginner or an experienced player, come and try out this outdoor sport alone or with family and discover how to improve your swing and get the ball in the air!

AUSIC

musical program.

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Loches Tourist Office and the Tourist Information Offices in Montrésor, Descartes and Grand-Pressigny.

Office de Tourisme Loches Touraine Châteaux de la Loire place de la Marne, 37600 Loches Tél. : 00 33 (0)2 47 91 82 82 info@loches-valdeloire.com

www.loches-valdeloire.com



+ 33(0)2 47 91 34 55 contact@parc-natureo.fr 1 Allée des Lys, 37600 Loches www.parc-natureo.fr





STARS & BI













Les Bodin's : Strong Ambassadors from South Touraine

An authoritarian farmer with a hint of rock'n roll about her alongside her simpleton son, this is the unmistakable duo that is les Bodin's, aka Vincent Dubois and Jean-Christian Fraiscinet. Their success has gone far beyond the borders of Touraine and Berry where they originated. They sell out Zenith arenas and every summer in July, they set up at the Ferme des Souchons in Descartes to perform their 'Grandeur Nature' show.

A profile of 2 truly 'local' personalities !

How would you define the duo you have created?

A rustic and endearing Mother/Son duo. People with common sense who prefer to roll up their sleeves than to drop their pants!!!

Does the tourangelle countryside inspire you for your shows?

Yes of course, and it will always inspire us... it is in our blood... Jean-Christian and I had a strong rapport in our writing straight away, even though we had very different approaches and theatrical backgrounds (JC was a product of the 'Conservatoire de Tours' and I had entered the scene through music). The reason for our mutual understanding is that we both came from the countryside and that we had very similar childhoods. Childhoods that included family, brothers, drinks after the match, outdoor life, mushroom picking, hunting, harvests, grape harvests, and of course, all the characters that are typical of rural life that we have known and loved, and who are now the heroes of our shows!!!

You still live in South Touraine and Berry, what appeals to you about living here?

It's a blessing to still live in the countryside. This is where I can recharge my batteries,

surrounded by nature and those I love (my

family and my school friends). Here I am still

known and recognised simply for being "the postman Robert's son" and for me, that is

I wish all the children in the world could

have the childhood that I had. We are a large family. I have 5 brothers and sisters. We

priceless.

vour memories of it?

owe a lot to our parents who raised us with so much love, so much encouragement, and so much freedom. They also taught us, with great humility, that life is better when we turn to others and help them in return. We never grow weary of the joy that we give. All my life, I saw my parents helping others and I saw that it made them happy!!! My childhood was fraternal and fun... we spent a lot of time outside, having fun with simple things. It's not easy to be a child or a teenager now. They're so exploited by the media and especially by social media which is a disaster for young people...

What local specialities do you look forward to finding on your table after returning from touring?

Good terrines, vegetables from the garden, good bread, cheese, and Chinon wine... and friends! ... It's not what you eat that counts the most, it's with whom!!!

Any gourmet addresses to share?

The Loiseau family's cheeses in Abilly, l'Amore Mio, a very good Italian restaurant next to Loches cinema. La ferme Saint-Jacques in Châtellerault. My mate Phil's pâtés and rillettes.

Anywhere that deserves a detour in South Touraine and why?

The small campsite on the island of Abilly. It's calm, green, and the water of the river Claise flows gently there. You can picnic, fish, play boules, or take a nap in the grass while listening to the sound of the water in the mill's spillway. A lot of memories from my adolescence come from here... unforgettable parties around the fire with a guitar!!! It's the most physically tiring show by far, and yet this show on the farm has served as our summer break every July for the last 15 years... It has a magical, unique atmosphere. And people come from everywhere to see this show, they ask for it time after time... We, 'les Bodin's', are here to make people happy... We are not stars, we are caregivers...

Any news about you or your projects for 2020?

The tour of the Zénith arenas is extended until April 2021...More than a million spectators over 5 seasons will have seen the Zénith version of 'Bodin's Grandeur Nature'. For the time being, we are writing a third full-length film for the cinema which will be released in theatres in October 2020. Then we will start writing a new show and perhaps TV shows...Right now a lot of channels are asking for us!!!







South Touraine raftsmanship

Bernadette Poterie She's kiln it!

At 6 years old, **Bernadette Joubert** already knew that she would be a potter! Having lived in South Touraine for 30 years, Bernadette set up her workshop in a hamlet near the picturesque village of Ferrière-Larçon. She draws the serenity and inspiration that she needs for her creations from this place, far from the world's turmoil. "The tranquillity of this place is comforting, I need this isolation, the fields around me, and the beautiful South Touraine light".

of this place is comforting »

the tranquillity and enjoys the sunflowers that sprinkle her horizon with gold in the summer. Her hobby? Watching sunsets close to home! A sight that she never tires of. *"I love living here, heading off the beaten* path to discover hidden places, such as a landscape, or a pretty

Walks help feed her art. She takes the time to truly observe nature

farmhouse..."In her workshop, time seems to have stood still. Through her nimble fingers, clay takes shape and becomes a pitcher, vase, bowl or plate: "The pleasure I get from pottery throwing

increases over time". Her essentially utilitarian pottery and her enamels - various shades of blue interspersed with patterns - are all fired in a "home-made" wood oven. Perfect for bringing back as wonderful holiday souvenirs!

Bernadette Joubert

La G'Art, Ethical and chic artists

Monsieur Machin and Madame Truk, otherwise known as Benjamin Federowski and Mylène Vangilwen, recover odds and ends to transform them into beautiful objects and designer furniture. Originally from the North, they chose Touraine after coming here on vacation: "The South Touraine is hilly and green with varied landscapes, you don't need to go far to get away from it all". Mylène is passionate

about objects from the 30s to the 60s and about buildings that have a history, but recycling has been in both of their DNA since childhood: *"it is our identity, a way of campaigning for anti-consumerism*". Located in the old Grand-Pressigny station, they have transformed it into a cosy and unconventional setting that perfectly showcases their creations. These

« You don't have to go far to get away from it all! »

specialists in resourcefulness have acquired their skills over time: *"technical competence is learned bit by bit, we start with* the object itself and use it to inspire us. Our goal is to give new life to objects or furniture

La G'Art

that have survived through the ages: We don't fit into a certain style; recycling gives us great freedom in this regard. We like the combination of wood and metal, the timeless style, and the industrial and vintage look, but we see ourselves more as trendsetters!"



JR déco : A haven of design

After a hectic and intense life in Paris, **Joachim Ribeiro** left everything to find a better quality of life: *"Loches made its mark* immediately! I'm in love with this town, it's beautiful, peaceful, and just the right size. I love living here and I consider myself lucky because life is so good." Passionate and creative, « Here, I feel like Joachim opened a boutique in the heart of town l'm on holiday where he exhibits and renovates furniture, lights, and all year round » decorative objects. Self-taught and multi-talented, he likes to play with materials, combining materials such as wood, metal, and glass to create unique pieces. "I love this job. I'm fascinated by objects because they have a soul; each tells a story and restoring them gives them a second life. I can spend hours cleaning or polishing them. The spirit of my shop also fits perfectly into the atmosphere of this town where there are still oldfashioned shops and craftsmen."

Atelier par J.R Déco Design

Galerie Le Terrier A haven for artists

we want to promote."

The driving force that led the two brothers, **Jérôme** and Laurent Garreau, to open the Galerie le Terrier was the desire to bring a space for cultural expression to life. Long-time inhabitants of Loches, they chose to establish their ironwork workshop here in 2015 having followed different pathways: "We fell in love with this location; a blend of intimate tuffeau stone rooms and troglodyte spaces with a patio courtyard in the centre. It is a truly original and strategic location with a constant flow of traffic nearby; ideal for our sculptures which are displayed *outside to catch the eye.*"Through their work as metal sculptors and ironwork craftsmen, Jérôme and Laurent produce unique pieces mainly inspired by the animal world. Horses, turtles, flamingos, birds... they are full of ideas and projects but also want to share their hideaway and make it a place to meet others "we aren't only working for ourselves, there is a good energy in the Loches region, a rich tapestry of dynamic artists and craftspeople that

« There's good energy in the Loches region »



Le Terrier

not to be missed

Below, the old buildings of the village nestled together seem to be grafted onto the ramparts.

Montrésor, picture-postcard village

Bridging Loches and the ZooParc de Beauval, Montrésor, with its famous title as one of 'Les Plus Beaux Villages de France' is one of the jewels of Sud Touraine. The elegant silhouette of the Renaissance chateau and the ruins of an 11th century fortress stand atop a rocky outcrop gazing down at their reflection in the calm waters of the Indrois.

The chateau bought by the Polish count Xavier Branicki in 1849 is still owned by the same family. Completely restored and furnished in the 19th century, it still retains its special and enchanting atmosphere. Inside, time seems to have stopped. With an impressive collection of works of art, antique books, and pieces of jewellery from the kings of Poland, the chateau can take you on a journey into the world of the Second French Empire. The surrounding park invites you to take a romantic stroll with stunning views of the valley. Along the picturesque lanes, the village unveils its riches, its tiled roofs weathered by time, its gardens, and 'the legend of the lizard'. The view along the poplar lined,

landscaped Balcons de l'Indrois route reveals the unique charm of this small characterful village. Montrésor is a village that deserves its name, literally meaning 'my treasure', and lives up to the hype!

A		110	horse	4
	-	A		Every evening from 10 p.m to midnight from July 1st until August 31st
	-		m	from 10 p.m to midnight
	1		ii i	until August 31st FREE
	AL 2	H.	#	FREE

Light effects at the Nuits Solaires

As night falls, Montrésor is lit up and magic winds its way along the Balcons de l'Indrois route. Lighting effects, solar lamps, atmospheric music, and projections onto the castle paint the village in enchanting, expressive colours allowing you to experience a moment of pure wonder. This original, rural stroll in a relaxing atmosphere is a must. Based on an original idea from the Montrésor se Raconte association, free entertainment on Wednesdavs from 14/07 to 15/08.



Artistic stroll at the fête des peintres et des sculpteurs Painters and sculptors meet in the fresh air of the pré du Belier on the banks of the Indrois during the weekend of the 15th of August to exhibit their work in a rural setting with a unique view of the village.





Poland in Montrésor

Having become the stronghold of the descendants of Xavier Branicki, a small Polish community has settled in Montrésor. Countess Marie Rey has lived there for more than 50 years and Andrzej's family spends their holidays there.

Marie Rev. The chateau's memory bank

Countess Marie Rey, born Potocka, is the memory bank of the chateau and is a key figure in Montrésor. She settled there in 1950 with her husband and experienced the boom in tourism: "The chateau was already open to visitors in Xavier Branicki's time, but this concerned very few people back then. I became heavily involved in developing tourism in the region as of 1975 when the first stirrings of the tourism boom were felt.

I stepped down from my role a long time ago, but I still have a lot of fun talking with our visitors"

« We must come back to Montrésor »

Andrzej, Maria, and their children Franek, Anna, Olga, and Roza regularly come to Montrésor to breathe the air of the most Polish of French villages. They live near Warsaw and regularly stay in Montrésor during the summer. *"Montrésor is dear to our hearts"* because it's linked to our country. The whole family feels a genuine attachment to this village where



there's a special atmosphere. We appreciate the village's beauty which we find picturesque because it's very different from Polish villages. The chateau has remained in its original condition keeping it lively and authentic. You feel as though you are entering into the private domain of the master of the house as if the chateau was still inhabited. It's rare to feel that way during a visit and not like you're in a museum. For us, it is a jewel of French culture with a link with Poland and home to some precious memorabilia!'

off the beaten track Le Liget: An impressive monastic complex

Nestled at the edge of the national forest, between Loches and Montrésor, the **Chartreuse and Corroirie** du Liget once formed the elements of an impressive monastic site.

Founded at the end of the 12th century by Henry II Plantagenet, King of England and count of Anjou, the monastery belonged to the ordre des Chartreux (Carthusian order). The buildings and remnants of this vast estate testify to both its richness and its influence. Sold as national property during the Revolution, the Liget complex, where the spirit of the Carthusian monks lives on, has had successive owners and since the 19th century has belonged to the same family.

ace where ne spirit of the Carthusian monks lives on

A soothing atmosphere reigns around the Saint-Jean-du-Liget

chapel located in the heart of the forest of Loches.

The Chartreuse du Liget **1**

Surrounded by vast walls that protected it from looting, the Chartreuse was once a place of prayer and contemplation and remains as out of this world as ever. Once you have crossed through the impressive 18th century gateway, the site's tranquillity will quickly win you over. Many of the buildings and outbuildGood to know:



The Château-Monastère de la Corroirie 2

A fortified building located 800 metres from the Chartreuse, the Corroirie ensured the physical livelihoods of the monks and served as a refuge for the religious in the event of unrest. Located in a characterful, natural setting, this feudal stronghold's 13th century church, cellar, barns, two mills, hemp-drying oven, and press have all been preserved. This well-preserved architectural complex certainly deserves a closer look!

Good to know: self-guided visits from Easter to All Saints' Day from 11 a.m. to 7 p.m.

The Saint-Jean-du-Liget Chapel **3**

Good to know: To visit the chapel, get the key from the Loches tourist office.

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ings date from reconstruction carried out in 1787, but there are still the ruins of a large cloister and Romanesque church.

Visit of the exterior (ruins of the Romanesque church and west wing of the cloister).

The first Carthusian monks may have settled in this isolated clearing in which this small round chapel from the 12th century is located. In the Plantagenet style, it is decorated with frescoes dating from the early 13th century illustrating the great mysteries of the Christian faith.





SPOTLIGHT ON 3 LOOPS TESTED OUT BY 4 HIKERS

The South Touraine is an ideal destination for hiking with nearly 80 circuits covering the entire region. "18 sentiers découverte en Touraine" leaflets with step by step directions guide you along marked trails in the area surrounding Loches. Put your hiking boots on and set off on a jaunt at your own pace, surrounded by rejuvenating and abundant nature.



The most natural but also one of the longest loops with an alternative route for those wishing to conserve their energy. This circuit allows you to explore the green valley of Echandon, to roam along its pathways flanked by the river and rural scenery, and of course to stroll in Tauxigny for its charming old-fashioned atmosphere!

Fanny and Delphine's opinion : "We took the day to hike along the big loop with a picnic break by the water to relax. This allowed us to take the time to observe the plant life and to get away from it all. "



Chantal's opinion : "A countryside walk best enjoyed by taking your time so as not to miss any of the heritage of the villages of Azay and Reignac which are ⇒ perfect places for a stroll."

> All the charm of the Indre valley is concentrated in this hike allowing you to discover a more intimate and multi-faceted Touraine. This jaunt through an exceptional environment dotted with green clearings is punctuated by private chateaux, mills, a river, a manor house, and an oak tree that is said to be a thousand years old.

> > takes yo secure, s betw Reserv with

Antoine's opinion : "A loop that has some nice surprises in store for you as well as some magnificent views."

More than 80 hiking circuits in South Touraine. From Loches to Le Grand-Pressigny, from Le Louroux to Montrésor; find flyers and practical information at the tourist office, in tourist information offices, and on the website **www.loches-loirevalley.co.uk**



LEVEL : EASY 3h35 T 14,2 km (8,7 miles)

NEW !

The "voie verte" opens in summer 2020

Built on the old railway line, the "voie verte" u from Descartes to Preuilly-sur-Claise. It is a 26 km gnposted route that links up with the country roads een La Celle-Saint-Avant station and Descartes. ed for hikers and cyclists, the route is interspersed *i*llages making it possible to stop and grab a bite to eat or discover the local heritage.



BEAULIEU-LÈS-LOCHES A spiritual path LEVEL: EASY ♀ 2h50 ▼ 11,2 km (6,8 miles)

For those who enjoy both nature and heritage, this is the loop for you! It starts strongly with a panorama of the Royal City of Loches and the former Beaulieu Abbey. This hike will delight lovers of history and old stone buildings and includes sections on country trails that pass-through fields and forests.



Green getaways: from the Indre to the Loire by bike

Brand new! The Loire à vélo route deviates from the banks of the river and invites you to criss-cross the countryside's rural roads. A perfect route for getting out into the countryside, punctuated by stops in towns and villages in South Touraine that are well worth a visit.



From Chenonceaux, turn off towards Chédigny, the garden-village of 1000 roses. Lay your bike down, stroll through the alleyways and become intoxicated by the subtle fragrances of the roses and perennials that adorn the walkways and facades. Just a few miles further on, head for Loches; a town in which the Royal City stretches out majestically at its centre and where many heritage monuments were constructed during the Renaissance. With its cobblestones steeped in history, tile and slate roofs, and tuffeau stone, the town of Loches is as picturesque as it is charming.

L'Indre à vélo: get your calves ready!

Do you like quiet, winding roads? Then choose the Indre à vélo route. This signposted trail is more than 200 km long and goes from Bréhémont to Jeu-les-Bois passing

through South Touraine. It allows you to head away from the main roads into the varied landscape of a region with a strong historical imprint. What excellent reasons to get on your bike for a few hours or a few days and

Circuits available at www.loches-loirevalley.co.uk

Let yourself be amazed by the charm of this characterful village by following the interpretive, signposted trail which leads you to the lake.

Unspoilt historical heritage

A perfect setting for a swashbuckling film, the imposing 12th-century priory offers visitors one of the most beautiful medieval complexes in Touraine. You will be in awe of this site with its stones steeped in history and surrounded by fortified walls and moats. Its buildings - priory, tithe barn, dovecote - fan out in front of a vast meadow, through which a clear stream meanders. What a serene view!

Le Louroux lake: a reservoir for flora and fauna

A popular place for lovers of nature walks and birdwatching, the lake at Le Louroux covers an area of 52 hectares and is classified as an 'Espace Naturel Sensible' (E.N.S) meaning that it is a protected natural area. Bring your binoculars to observe greylag geese, northern pintails, black terns, and many other species whilst camouflaged in the observatory. Regular outings organised by the L.P.O (Bird Protection League) allow you to get to know the lake's emblematic species and flora. To round off your visit, take a trip around the lake whilst browsing the information signs. In the evening, after a busy family day of bird watching, fishing, children's games, and picnic breaks take the time to admire the sunset!

A natural and historical break in Le Louroux





 Uur focus is both on colour combinations and drought-resistant perennial varieties to ensure a longer flowering period »

The rose reigns in Chédigny

A paradise for rose lovers and providing a breather between chateaux visits, the garden-village of Chédigny, where hundreds of roses and perennials transform alleys and facades, has everything to please fans of country walks. Projects continue to take shape here with the arrival of head gardener Clément Barret who lets us know what his favourite roses are.

It was a long-term process that was started in 1998. The appearance of the village has changed over time and it now invites you to take a sense-awakening stroll through its fragrant and colourful alleys. To renew the plant palette, new projects are continually being put in place: *"Our focus is both on colour combinations and droughtresistant perennial varieties to ensure a longer flowering period whilst also considering the aesthetic aspect. It's exciting but it requires thinking about the space before planting,"* explains Clément.

In the presbytery garden which brings together many varieties of vegetables and ornamental plants, the idea is to create scenes to highlight the plants and to mix low-growing plants with taller plants. *"We are gradually introducing rare, ancient, original, or exotic plants to break the mould of conventional planting*

Chédigny's awards

awards "Jardin Remarquable " status from the Ministry of Culture and Communication

vegetable garden that is out of the ordinary requires creativity; the objective is to bring the garden to life and to further mark the seasons."

schemes. We have selected nourishing plants

climate, such as quinoa. Designing a

that are adapted to our terrain and

"**Fleur d'or**", the highest award of the 'Villes et Villages Fleuris'

"4 fleurs" in the national Villes et Villages Fleuris' competition

ighest award lages Fleuris' ational Teuris' In Chédigny, the garden is cultivated according to either old or innovative methods whilst respecting the environment. Mulching is used to save water, and chemical products are not used at all. The garden is designed to selfregulate by creating an ecosystem, the advantage of which is a reduced need for care. The unusual plants, vegetables with atypical shapes,

and colours do not fail to surprise. If you meet him, Clément can even tell you about their history as well as his cultivating secrets.





Chédigny's head gardener's **5 favourite roses**

The charm of the old roses: Louise Odier **(**)

Very popular with gardeners, this repeat flowering rose with its old pink tones and intense fragrance blooms abundantly in regular waves, if spent flowers are deadheaded. It is a climber that rarely exceeds 1.60 metres, but it can also be kept as a shrub. It is one of the best old Bourbon roses.

Where is it found? At n° 27 Rue du Lavoir

Jeanne de Chédigny landscape rose: a must (2)

It resembles a wild rose with its bouquets of small, pretty, pale pink flowers. The fact that it is continually flowering, easy to prune, and highly resistant to diseases makes this a rose to plant in any garden. To grow as a bush, shrub, or as a climber.

T Where is it found?

At the corner of the street that leads to the presbytery and around the stream on Rue Chante-l'Indrois

🊺 Mme. Isaac Péreire, a renowned climber 🔞

This repeat-flowering variety of rose flowers prolifically if you water it from time to time because it likes deep, fertile soil. Whether grown as a bush or as a climber, it will remain modest in size. Its double, deep pink flowers emit a powerful fragrance. A safe bet!

T Where is it found?

At the corner of Rue du Lavoir opposite the restaurant "Le Clos aux Roses"

🊺 The Rush rose, an easy-to-care-for shrub 🚯

Very floriferous and vigorous, this landscape rose forms a pretty bush which blossoms from May until frost arrives. Being resistant to diseases, this plant's maintenance is easy, and it requires almost no pruning. Its large, white-centred flowers with a strong pink edge tend to turn pale in summer. Ideal in a border or a bed.

Where is it found?

In front of the salle d'exposition du Pressoir, Rue du Lavoir

Toby Tristam, a rambling rose perfect for covering a facade (5)

Creamy white with yellow stamens, it forms a multitude of bouquets which tend to turn pink as they fade. Its generous flowering is particularly impressive, and its foliage is abundant. This easy to care for rose is covered with very decorative red fruits in winter. At its most beautiful on a facade!

Where is it found? At n° 25 Rue du Lavoir



Titillate your taste buds; grab a table in restaurants whose chefs have received an award for an unforgettable gastronomic experience.



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Time for dinner with the chefs



MAÎTRE RESTAURATEUR

Calling all lovers of good food: at Jérémy François and Aurélie Bordier's restaurant, everything is homemade! Jérémy was recently awarded the title of 'master restaurateur' and favours the use of local seasonal products and vegetables from the family garden. Based in Descartes, the young couple offer cuisine that is inspired by the harvests from their vegetable garden served in a blue-grey coloured dining room. Aurélie welcomes and charms customers while Jérémy plays his part in the kitchen. After learning the ropes at starred establishments, this young chef is following in the footsteps of his mentors and is now aiming for other distinctions! On the plate, he revamps recipes with creativity and is passionate about using ingredients his way. There are no sophisticated dishes on their deliberately reduced menu, but the original combinations of this well-mastered cuisine will take you on a gastronomical journey.

..cuisine that

is inspired by

the harvests

from their

vegetable

garden

L'Assiette Creuse, Maître-restaurateur,

MICHELIN GUIDE 2020

La Promenade Restaurant. a cooking legacy

Cooking has been a family tradition for the Dallais family since the restaurant opened in 1960. It is now **Fabrice**, the 3rd generation of the family, who treats his guests with passion and sophistication in this memory-filled restaurant: a safe bet in the South of Touraine. Having been trained in prestigious starred restaurants - Charles Barrier, Guy Savoy and Pierre Gagnaire - he will awaken your taste buds with his revisited classic cuisine, a marriage of modernity and tradition, with reverence to the seasons. He serves skillfully worked dishes in which the flavours dazzle. You will revel in every single bite thanks to the quality of the products carefully selected from the best producers in the area. His favourite dish - le lièvre à la royale du sénateur Couteaux - is a legendary and emblematic recipe of French gastronomy. A Michelin starred journey in which the ingredients marry together to delight and allow the great flavours of the cuisine of yesteryear to be rediscovered!

> her wellexecuted dishes are full of finesse and reflect the sensitivity of the Chef...

Behind the painted shutters of an unassuming facade hides a restaurant that has been awarded an auspicious Bib gourmand. Armelle Krause treats the taste buds with her elegant cuisine offering classic dishes with a light and modern twist. Her restaurant comes to life according to the season with local products and traditional, sometimes local recipes such as the renowned 'beuchelle Tourangelle' or 'nougat de Tours'. Her well-executed dishes are full of finesse and reflect the sensitivity of the

Restaurant Le Clos aux Roses 2 rue du lavoir 37310 Chédigny Tel. :+33 (0)2 47 92 20 29 www.leclosauxroses.com

COMAN FOR





Le Clos Aux Roses Restaurant,

a haven for gourmets

Chef in their meticulous presentation. Well-mastered cooking with playful textures and gourmet sauces can be tasted in the cosy atmosphere of the sleekly decorated dining room or under the wisteriacovered gazebo in the summer. For a complete taste sensation, Julien, her husband, will be able to advise you on some lovely food and wine pairings. A

refined restaurant in an oasis of roses that will make your mouth water!

Her melodious accent makes us feel like we have been transported to Béarn, her place of origin. Having arrived in Touraine in 2011, Virginie Martinez-Rondolotto settled in Loches in 2016. Being a tourist advisor at the Loches tourist office and a tour guide, she is passionate about heritage and gastronomy and shares her favourite things about South Touraine with us.

You are well and truly rooted in tourism, tell us about it!

I have two truly complementary roles. As a tourist advisor, I welcome and advise visitors by taking as much time as needed to offer them the very best recommendations. In my role as a tour guide, I am more concerned with the transfer of information by trying to make history and heritage accessible to all. I see it a bit like taking my audience on a journey through time and try to make the sites 'come to life'.

Can you give us 3 reasons to stay in South Touraine?

Every morning when I open my shutters, I revel in the architectural setting in which I live. With a heritage like that of the Cité Royale and the nearby Loches public forest, which is an important natural feature, how could anyone be unhappy? Here you can alternate between spectacular heritage and unspoilt nature. This is ideal for me, especially since South Touraine is a little hillier than the rest of the department. When I get the blues because I miss the mountains, this puts a smile back on my face!

Where would you take us for a countryside walk ideal for recharging your batteries?

Alternation of the second second

On the historic Liget trail for a walk in the forest from the Pas Aux Ânes to the Chartreuse du Liget. This 2.5 km circuit, complete with information signs, passes alongside the curious 12th century circular chapel of Saint-Jean du Liget. The chapel houses some astonishing Romanesque frescoes and to access it, you must ask for the keys at the Loches tourist office. When I have a little less time, I go to the Saint-Louis garden which adjoins the Saint-Ours collegiate church. It's a charming green space, from which you can see the chevet of the church and a wide panorama of the countryside with the bell tower of Beaulieu-Lès-Loches sitting in the distance.

Which season do you prefer here?

Autumn, because the light is softer and bathes the tuffeau stone facades in an orange-yellow colour. It gives the impression that the stone is on fire! The light here is very beautiful and envelopes everything.



What are your favourite specialities?

The mushrooms! Especially oyster mushrooms and shiitake. While living here I have discovered that there used to be many mushroom cultivation sites. This activity was well suited to the region due to its troglodyte caves which give the ideal conditions for the cultivation of mushrooms. Whether cooked or uncooked they can be eaten with no fuss. You can slice fresh champignons de Paris, add a drizzle of walnut oil, 'fleur de sel' salt and you're done! It's not complicated and it's truly delicious. I'm also passionate about wine and am delighted to once again see grapevines in South Touraine, for example at the Domaine de la Grenadière in Montrésor.

As a tourist advisor, you know the area well, what places do you like and recommend?

Montrésor, for the chateau, which is home to exceptional works of art, and for the Halle des Cardeux, where a permanent exhibition of Gemmail is located. The wooden interior of this 18th-century hall is the perfect setting to showcase these coloured glass panel works of art in an intimate atmosphere. Further south, I am enchanted by the hilly countryside near Boussay and its tuffeau houses. In Loches, the building that houses the Lansver Museum with its cosy Jules Verne-esque atmosphere takes us back in time to the 19th century. I appreciate how the painter Emmanuel Lansyer used light and depicted nature in his paintings. It's very calming!

A must-see monument in South Touraine

Loches keep because it is part of the history of medieval Europe. It was constructed by Foulgues Nerra (Fulk III), who was very powerful during this period and left his mark on many places in Touraine. At the foot of the keep, I imagine I am stepping back in time and feel lots of emotions in front of this impressive monument.

A key event that you never miss

The Festival des Sonates d'automne which takes place in October in Loches and Beaulieu-Lès-Loches. It is a classical music festival with a quality line-up that takes place in magnificent locations such as the Saint-Laurent church in Beaulieu-Lès-Loches.

An anecdote from a guided tour?

One day an 8-year-old boy asked me if I was as old as the keep!

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Rendez-vous with prehistory in Le Grand-Pressigny

Located between Loches and Futuroscope, the prehistory museum at Le Grand-Pressigny is a unique resource centre for flint where the whole family can find out about the customs and practices of the Palaeolithic era up to the Bronze Age. Eduardo and Ninan went to explore the brand-new laboratory and to experience prehistory in a fun way through experiments. What an original way to become immersed in the world of archaeological analysis!



• To discover how flint was shaped • To watch fire lighting demonstrations • To participate in activities and workshops to 'experience prehistory' (making and decorating pottery, creating jewellery, testing long lost musical instruments)

From excavation to analysis

The visit started upstairs in the 'Approaches to archaeology' room, equipped with a laboratory to help raise the awareness of young and old alike about the archaeologist's approach and the methods used for their research. The first, and most essential step, is the excavation. A large glass box containing earth, bones, and the tools which are used to find marks on them, lay on the ground. Eduardo and Ninan were curious about how scientists manage to analyse the bones.

Experimenting like an archaeologist

The guide then invited them to put on white coats to play the role of budding archaeologists. The real work was about to begin! Next, it was on to the laboratory to carry out various experiments and to better understand the approach and methods employed by archaeologists. Eduardo and Ninan were delighted to use the objects put at their disposal and rushed over to observe artefacts with a binocular magnifier. The 'touch boxes' fascinated Ninan who enjoyed putting his hands into them, and by using touch alone, identifying the materials used by prehistoric men. Meanwhile, Eduardo was doing a puzzle made of reindeer antlers and was searching for tools that could be made with this material. The children were then put to the task of excavation and tried to interpret the marks found on the bones just like in a real lab!

A reconstructed camp

A reconstruction of a nomadic hunters' camp from 20,000 years ago is located opposite the laboratory. Eduardo and Ninan carefully observed an incredibly realistic mother and child settled close to a fire. The children were intrigued by their home, a tent covered with reindeer skins, and learned about the way of life in that era.

More informations : www.prehistoiregrandpressigny.fr



TAILLEZ-VOUS _____



Sophie, their mother's

during which children will

be delighted to experiment

for themselves and use the

« A fun and lively visit

opinion

obiects. »



Eduardo's opinion:

« The lab was cool, and the activities proposed really resembled the profession of a real archaeologist! I got to use a next-generation microscope and could touch the objects. I liked this museum and especially the cellars, and it was interesting to have a guided tour and participate in the workshops. »



2020 EXHIBITION

« Behind the wall, the Chauvet-Pont d'Arc cave revealed in 3D ». From April 11th to November 28th, 2020.

Discovered in 1994 and classified on the UNESCO world heritage list, the Chauvet-Pont d'Arc cave, in Ardèche, contains the oldest drawings currently known: nearly 500 representations of animals and thousands of figures dating from 36,000 years ago. A multimedia and interactive highlights humanity's oldest drawings thanks to 3D technology.

Motorcycle road trip in South Touraine

• Loches

Château de Boussay

The Romano-Byzantine-style Saint-Pierre Abbey, unlike any other in Touraine, which is topped with a bell tower with colourful, glazed tiles from Burgundy. The alleys of the village lined with old houses.

Boussay - 37290 💿

OSER

×	Head northwest on Rue du Général de Menou toward La Chambonnerie / D365	50 yards
▶	Turn right onto Rue du Château / D365	
4	Continue to follow the D365	0,6 miles
◄ 1	Turn left	0,6 miles
4	Continue along Humeau	500 yards
▲	Turn left at Près de Chanvre	1,6 yards
4	Continue along Le Bout du Pont	440 yards
4	Continue along the D366	200 yards
_	9 min (5.8 km /3.6 miles)	

9 min 15.8 km / 3.6 miles.

The Château de Boussay, nestled in amongst the greenery in the hollow of a valley. Surrounded by a moat, the château is composed of a square tower from the 15th century, a central part from the 17th century, and an eastern wing from the 17th and 18th

centuries (self-guided, free visit of the outer park). The village which is also nestled in the greenery in the hollow of the valley.

Chaumussay - 37350 💿

KO SER

1	Head northeast on Rue Principale D366 towards Rue de la Mairie	16 yards
•	Turn left onto Avenue de la Gare	3,3 miles
•	Continue along Varennes du Moulin d'Étableau	800 yards
_ ►	Turn right	400 yards
_ ►	Turn right onto Étableau / D42	280 yards
=	8 min (6.7 km /4,1 miles)	

Chaumussay village, which is in the KO SEF Claise valley and is typical of Sud Touraine, the tithe barn next to the church, and the Saint-Marc fountain.

Etableau - 37350 💿

×	Head west on Etableau D42 towards Les Plantes						
4	Continue along the D421,1 miles						
Turn right on towards Place des Halles / D1325 yards							
-	Turn right to stay in Place des Halles / D136 yards						
	3 min (1.9 km /1,1 miles)						
10	SEC The ruins of the Château d'Étableau looking out over the valley. From the bridge in the village below, you can see the maison du passeur with its 15 th century quadrangular turret.						

Back to Le Grand-Pressigny

Road book Once the sunny days have returned, why not take your motorbike out for a spin with friends. We have put together a circuit for you, away from the major roads, at the southern tip of the Touraine. You will criss-cross country roads whilst riding along the beautiful, peaceful departmental roads, on which some

wonderful gems are hidden away. This circuit includes the discovery of historical sites in unspoilt, rolling countryside and a few turns

in the road to add a sporty note. A perfect ride to clear your head!

- Distance : 32,9 km 20,5 miles
- Difficulty : easy

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0 Department : Indre-et-Loire

Scenery: *** Places of interest for tourists: ★★★★ Quality of the route: ***

Waypoints along the ride Le Grand-Pressigny Preuilly-sur-Claise Boussay Chaumussay Etableau

Le Grand-Pressigny

Departure from Place Savoie-Villars in Le Grand-Pressigny

Le Grand-Pressigny - 37350 💿

- At Place des Halles head east D13 towards Rue du Donjon
- Continue to follow the D13 .. .220 yards
- Turn right onto Rue de la Butte / D60 .. 160 yards
- Turn left onto Rue du Dr Léveillé / D42 (signs to Le Petit-Pressigny / Preuilly s/ C.) ...120 yards
- Turn right onto Rue Saint-Martin / D42
- 📂 Turn right onto Rue de la République.. ..30 yards
- = 12 min (13.1 km /8.1 miles)



Prehistory Museum in Le Grand-Pressigny for its remarkable collections of flint. The alleys leading towards the chateau and the four banal - a communal bread oven.

Preuilly-sur-Claise - 37290 💿

- Head north on Rue de la République towards Rue des Halles / D42 .30 yards Turn right onto Grande Rue / D725 Continue to follow the D725 0,5 miles Follow the road around to the right onto Route de La Roche-Posay D725 (signs to Châtellerault / La Roche-Posay) ...2.1 miles
- Continue to follow the D725.. Turn right at La Verrerie... . 85 yards
- Continue along Rue du Général de Menou......900 yards
- 6 min (5.3 km / 3.3 miles)

Chaumussay

In Preuilly-sur-Claise 11 Place de l'Abbaye

In Chaumussay

In Preuilly-sur-Claise





6 Place Savoie-Villars

Places to eat

In Le Grand-Pressigny

- Chez Grand-Ma. 10 Grande Rue

In Preuilly-Sur-Claise

- L'espérance, 11 Place de l'Abbaye



Places to have a picnic

In Boussay

(on Impasse de l'Ancienne Mairie)

Le Grand-Pressigny

Grand Moulin picnic area
(on Avenue André Theuriet)
Pré du Petit Moulin picnic area (on Rue des Tanneries)

Markets

On market days, the town's streets come alive and delicious smells fill the air. Everything looks so tasty!

Goat's cheese, rillons, rillettes, vegetables... Your basket will quickly become filled with locally produced seasonal fruits and vegetables and regional specialities. All you need to make some truly delicious meals! When you have finished strolling around the market, you can head to the café to enjoy a drink and nibble on some rillons. The more the merrier!!

Monday Ligueil • Wednesday

Preuilly-sur-Claise le Grand-Pressigny

Saturday Loches Montrésor Preuilly-sur-Claise

Sunday Beaulieu-lès-Loches Descartes

5 good reasons to go to the market:

To fill your basket with high-quality fresh products

To buy from local producers

To eat according to the seasons whilst finding new inspirations for cooking

To have a good time

To favour short supply circuits whilst boosting the local economy









Nougat de Tours



Serves 6 people

Sweet shortcrust pastry: 250 g (9 oz) of plain flour pinch of salt 25 g (4½ oz) of butter small egg '5 g (3 oz) of caster sugar (a little water if necessary) Fruit 150 g (5 oz) 4 egg whites

of candied fruit 4 tablespoons of rum 2 tablespoons of apricot or vineyard peach jam Macaroon 100 g (3½ oz) ground almonds 50 g (2 oz) of caster sugar 60 g (2½ oz) of icing sugar + 10 g (½ oz) for

Preparation

Soak the finely cut candied fruit in the rum for 2 hours.

Sweet shortcrust pastry : Pour the flour and salt into a bowl, cut the butter into strips then add it and mix until it reaches a sandy consistency. Add the sugar and then the egg. Mix quickly, make a ball, flatten it and let it cool for 2 hours. Then roll out the dough and line a previously buttered and floured mould.

Macaronade : Mix the ground almonds with the caster sugar and half the icing sugar. Beat the egg whites, adding the rest of the icing sugar when they have almost formed peaks. Beat to stiff peaks and incorporate the almond and sugar mixture. Store in the refrigerato

Nougat : Garnish the bottom of the tart with the vineyard peach or apricot jam, spread the candied fruit, cover with the macaronade (this last part must be carried out very guickly so that the macaronade remains firm and light). Put in the oven and bake for 30 to 35 mins between 170°C and 180°C. Leave to cool and sprinkle with the remaining icing sugar using a chinois. This nougat, which was originally made for travelling, keeps perfectly for several days.

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Goat's cheese and fig puff pastry



For 4 puff pastries:

1 packet of puff pastry (or 4 squares of puff pastry) 1 creamy goat's cheese Fig jam Fresh figs

Preparation

Cut 4 squares of pastry, Place a slice of goat cheese in the centre, Add a spoonful of jam to the cheese and close the pastry.

Stick the edges together with water and brush the pastry with beaten egg yolk. Bake for 15 minutes at 190°C Serve with a salad and fresh figs





250 g (9 oz) of shortcrust pastry 200 g (7oz) of rillons 150 g (5oz) of rillettes de Tours 500 g (16fl oz) of single cream 3 eggs Parsley, salt, pepper

Serves 6 people

Preparation

Roll out the shortcrust pastry until it is 2.5 mm thick and line a 20 cm diameter greased tart tin with it.

Arrange the diced rillons and the rillettes de Tours.

Mix eggs, cream, salt, pepper together, and pour into the tin. Sprinkle with parsley.

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Tart with rillons

and rillettes from Tours

Bake in the oven for 30 minutes at 200°C.

Serve warm with a salad.



the art of strolling • SOUTH TOURAINE TOURIST MAGAZINE

Casse-Museau



1 young Sainte-Maure cheese 4 level tablespoons of flour 1 egg 65 g (2½ oz) softened butter Salt, pepper

Serves 4 people

Preparation

Crumble the cheese with a fork and mix it with 4 tablespoons of flour.

Add the whole egg, softened butter, salt, and pepper. (You can also use a food processor)

Make small balls with the dough.

Spread them out on a buttered baking sheet.



Cooking time: 20 mins at 190°C

Serve with a green salad or a tomato salad



at the Château du Clos Lucé, his house in Amboise



+ 33 (0)2 47 57 00 73 www.vinci-closluce.com



TOP Museums to see

Museums that tell the story of South Touraine's history and are full of anecdotes and rare, unique artefacts.

Mado Robin Museum in Yzeures-sur-Creuse: This Museum celebrates the singer considered to have the highest singing voice in the world in the 1950s and traces her life through numerous objects and memorabilia.

Minerve Museum in Yzeures-sur-Creuse: It houses imposing blocks of carved stone, Gallo-Roman artefacts from the beginning of the 3rd century.

Musée de la Poterne in Preuilly-sur-Claise : Located in the old fortified gate of the chateau, this museum exhibits various collections, from Prehistory to local folk arts and traditions.

René Descartes Museum in Descartes: The house in which René Descartes was born has been transformed into a museum that is dedicated to the philosopher, evoking his life and work in a rich scenography.

The House-Museum of landscape painter Emmanuel Lansyer in Loches:

You can admire the artist's works and collections in the relaxing atmosphere of this family home in the heart of the 'Cité Royale de Loches'.



Nice spots to put down your blanket and treat yourself

Along Les Balcons de l'Indrois: In the shade of the weeping willows, with a panoramic view of the chateau and village of Montrésor, classed as one of 'Les Plus Beaux Villages de France !

In the "petits jardins"

de Beaulieu-Lès-Loches: A large wooden table awaits you in these communal gardens which were once the vegetable gardens of the Viantaises convent. Perfect for a moment of Zen.

At Le Louroux lake:

A stone's throw from the village and its fortified priory, the Le Louroux lake offers a welcome break at a dedicated picnic site. Ideal for bird watching.

In Loches forest:

Get out into the countryside and enjoy a moment of peace in a unique green oasis whilst accompanied by birdsong. A real breath of fresh air...

In Chaumussay :

The covered picnic area can accommodate family and friends around a barbecue! Perfect for a refreshing break on the banks of the La Claise river.



TOP extraordinary

activities :

Think outside the box and enjoy some great experiences with your family

Go on a 'Troglo-balade' cave tour with Marie-Claire:

In Beaulieu-Lès-Loches, follow tour guide Marie-Claire Bouin for a walk between hillsides and troglodyte sites and discover subterranean heritage that was carved out by man.

Hike with donkeys - Les Ânes des Sables:

Break the daily routine and please the whole family. Take a walk alongside this long-eared animal which is much more docile than you might think!

Take to the air in a microlight:

From up high in the sky, admire the landscape and fly over the surrounding area of the Cité Royale de Loches. An unforgettable flight with guaranteed thrills.

Voyage into space at the Planétarium de Tauxigny: Set off on a journey through the solar system to explore the planets.

Participate in a treasure hunt in the Tours-Preuilly forest labyrinth:

Go into the forest in search of clues to help answer questions and identify the mystery word that will lead you straight to the treasure. Organized by the tourist information office in Le Grand-Pressigny, most Tuesdays during July & August. The Indrois is a somewhat winding river with notable depths. It is a '2^{ème} catégorie' river, meaning that it is dominated by cyprinid fish. The Chemillé-sur-Indrois lake is located on this river.

Fick





Take a moment to unwind and experience the joy of fishing!

The Creuse :

A magnificent river with wilder sections between Tournon-Saint-Pierre and Yzeures-sur-Creuse ('Station de Pêche' accredited) and downstream from Descartes with a good mix of deep zones, flats and rapids.

Longueville lake at La Celle-Saint-Avant:

This 6-hectare lake allows shore fishing and offers a parking and service area for camper vans for true fishing fanatics.

Villedômain's communal lakes:

Come and unwind for the day in a relaxing setting where you can catch some carp and fill your fishing net.

Le Louroux lake:

The vast 52 hectare lake of this protected natural area allows you to fish for carp, roach, tench, perch, and pike in the fishing zone that is marked out on-site by signs.

The Indrois:

*Fishing license required (on sale at the tourist offices)

The Saint-Ours collegiate church drawn during the holiday

KID'S Corner

The great view when you are at the top of the keep

> Agnes Sorel, the king's girlfriend

Holiday story Margot's holiday

44

9-year-old Margot from Normandy came to spend a few days holiday in South Touraine with her grandparents and 5 brothers and sisters. She tells us about her adventures.

« We slept at the Loches campsite and it was really fun because I could ride a scooter in the main alleys. I went swimming lots in the swimming pool and I made friends while playing on the inflatables. From our mobile home, we could see the castle, it was so cool!

We spent 2 days at Beauval Zoo which is a huge park where you can see lots of animals. I was very happy to see the pandas but what I liked most was the meerkats, cute little animals that live together in a big family and sunbathe!!!

> We went to Loches chateau which is called the Logis Royal. It's a very beautiful building where Joan of Arc came to see the king. He had a girlfriend called Agnès Sorel. She was very beautiful!

In the keep, there were lots of steps, but it's great when you get to the top because you have a view of the whole town. I asked my grandmother if we could go to the market on the Wednesday because I love apples. There were lots of people, and they were happy. We bought goat's cheese, rillons and rillettes to taste because I had never eaten them before. The picnic we had with this food was so yummy!! This holiday was awesome, we did lots of walks. I really loved it and the weather was very good. »

A meerkat like the ones Margot saw at the zoo Note the these mysterious in the discovered at the Grand Pressigny prehistory museum?

Riddle *My first* is French for a female cat

Rebus

My My third second is French is French for 2 for water

And all together, I am a monument that is located about 15 kilometres east of Loches in a village that is classed as one of the 'Most Beautiful Villages in France'.

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Time to play	
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Word Search

Find and circle the words that are hidden in the grid:

CHEDIGNY - LOCHES - CHATEAU RILLETTES - MONTRESOR - ROSE

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tourth

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My fifth is French for 13

My sixth is French for gold





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Visitors tell us about their evening:



..AT THE FESTIVAL LOCHES EN VOIX Justine from Namur (Belgium)

"A family festival with an eclectic line-up" The public garden is a really nice place to sten to concerts with a view of the Collegiat Church and the chateau. There is something for everyone because the styles of music are



..AT THE FESTIVAL YZEURES'N'ROCK

Anna-Lisa from Pleumartin, and Valentin from Chauvigny Great atmosphere, the line-up's just fantastic and the site on the edge of the Creuse is great for camping. The various styles of the groups

know how to set the stage on fire. We meet up with our friends and spend *3 evenings with some amazing music.*



...AT THE NUITS SOLAIRES Victor and Miriam from Madrid

Having been enchanted by the 'Balcons de l'Indrois' pathway during the daytime, we wanted to see it at night. It's magical at night with the projection on the chateau and the reflections in the water giving it a unique atmosphere. It's perfect for a the summer evenings and it's free!



March

Carnaval Manthelan April

May

June

Loches en fête Fair-exhibition of local craftsmen & tradesmen - Free

Festival Caravajazz Loches Jazz concerts at Le Caravage lounge-bar

Festival La Poule à Facettes Cormery Contemporary music festival

Festival des Roses Chédigny Rose festival, activities, and exhibition of artists and craftsmen

Festival Le Solstice Beaulieu-lès-Loches Contemporary music festival - Free

July

Loches en Voix Contemporary music festival - Free

sculptors - Free Festival Yzeures'N'Rock Yzeures-sur-Creuse Contemporary music festival

SOUTH TOURAINE Highlights

Les Nuits Médiévales Loches Medieval market and entertainment - Free

Festival Chartreuse du Liget en musiques Chemillé-sur-Indrois Classical music

July and August

Les Nuits solaires Montrésor Pathway with lighting and sound effects along the Balcons de l'Indrois. Free

Les soirées au Château du **Chatelier** Paulmy Concerts

August

Les Nuits Médiévales

Loches Medieval market and entertainment - Free

Fête des peintres et des sculpteurs Montrésor Exhibition of painters and

Festival Arts Scéniques et Vieilles dentelles

Le Grand-Pressigny Dramatised police investigation in the style of a 'murder party'

Les écrivains chez Gonzague Chanceaux-près-Loches Literary gathering - Free

Musique au jardin au Presbytère Chédigny

Week-end du vin Chartreuse du Liget Chemillé-sur-Indrois Wine growers and producers - Free

September

Les Percufolies Ligueil Percussion festival - Free

October

Les Sonates d'automne Loches et Beaulieu-lès-Loches Classical music and chamber music festival

December

Destination Noël Loches Christmas market and entertainment

Noël au Pays des Châteaux Cité Royale de Loches An exhibition and stories to allow you to experience the magic of Christmas

Find all our events at : www.loches-loirevalley.co.uk

Address book

Châteaux

Château de Bridoré 37600 BRIDORE +33(0)6 27 76 71 22 Open from 01/07 to 31/08/2020 Adult full fare: € 7,00 Child € 5 00 Free: under 6 yrs

Château de Rouvrav

37290 CHAMBON +33(0)6 07 18 90 84 Open from 13/07 to 25/07 and from 03/08 to 25/08/2020 Free

Château de Grillemont Grillemont

37240 LA CHAPELLE-**BLANCHE-SAINT-MARTIN** +33(0)2 47 59 62 03 Open from 10/07 to 20/08/2020 Adult full fare: € 5,00 Free: under 10 yrs

Château de la Guerche 4 place de la Mairie 37350 LA GUERCHE +33(0)2 47 91 02 39 Open from 21/06 to 20/09/2020 Adult full fare: € 7,00 Child: € 5.00 Free: under 6 yrs www.chateaudelaguerche.com

Cité Royale de Loches

5 place Charles VII 37600 LOCHES +33(0)2 47 19 18 08 Open from 02/01 to 31/12/2020 From 20/01 to 30/06 Price during works: € 8,50 From 01/07 (subject to change) Adult full fare: € 10.50 Free under 7 vrs www.citeroyaleloches.fr

Château de Sansac

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22 rue du Docteur Martinais 37600 LOCHES +33(0)2 47 91 82 82 Open from 01/07 to 17/07/2020 ; from 03/08 to 21/08/2020 ; from 21/09 to 24/09/2020 Adult full fare: € 1,50 Child : € 1,50

Château de Montrésor

37460 MONTRESOR +33(0)2 47 19 27 50 Open from 08/02 to 11/11/2020 ; and from 19/12 to 31/12/2020 Adult full fare: € 9.00 Child € 5 00 Free: under 8 vrs www.chateaudemontresor.com

Château-monastère

de la Corroirie Route de Loches (à 4,5 km de Montrésor) 37460 MONTRESOR +33(0)6 80 43 38 75 Open from 01/04 to 11/11/2020 Adult full fare: € 3.00 Free: children and students www.corroirie.com

Château du Châtelier 12 Le Châtelier 37350 PAULMY +33(0)6 99 01 62 62

+33(0)2 47 59 66 78 Open from 01/01 to 31/12/2020 (exteriors only) - Free www.lesamisduchatelier.iimdo.com

Château

de Saint-Germain 1 rue du château 37600 SAINT-JEAN-SAINT-GERMAIN +33(0)6 21 76 64 46 Open from 22/07 to 31/08/2020 Adult full fare: € 4.00 Reduced price: € 2,00 www.chateaudestgermain.com

Religious buildings

Abbaye Bénédictine de la Sainte Trinité Place du Maréchal Leclerc 37600 BEAULIEU-LES-LOCHES +33(0)2 47 91 94 94 www.beaulieulesloches.eu

Chartreuse du Liget Route D 760 37460 CHEMILLE-SUR-INDROIS

+33(0)2 47 92 60 02 +33(0)6 48 16 23 92 www.lachartreuseduliget.fr Abbaye Saint-Paul

de Cormery 37320 CORMERY +33(0)2 47 43 40 66 www.lesamisdalcuin.fr

Eglise Saint-Mandé Saint-Jean Mairie - 8 rue des Perrets

37350 FERRIERE-LARCON +33(0)2 47 59 65 72 www.ferriere-larcon.com

Eglise Sainte-Eulalie Place Agnès Sorel

37460 GENILLE +33(0)2 47 59 50 21 www.genille.eu

Eglise Saint-Gervais Saint-

Protais Place Savoie Villars 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 90 37 www.diocesedetours.catholique.fr

Le Prieuré du Louroux Centre bourg

37240 LE LOUROUX +33(0)2 47 92 82 07 +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

Collégiale Saint-Ours Place Charles VII

37600 LOCHES +33(0)2 47 59 48 21 +33(0)2 47 91 82 82 www.ville-loches.fr

Église Saint-Antoine Place de Mazerolles 37600 LOCHES

+33(0)2 47 59 48 21 www.ville-loches.fr

Église romane Saint-Martin Rue des Quatre Ponts 37160 MARCE-SUR-ESVES +33(0)2 47 59 86 27

Collégiale Saint-Jean-Baptiste Grande Rue 37460 MONTRESOR +33(0)2 47 91 43 00

Château-monastère de la Corroirie

Route de Loches (à 4, 5 km de Montrésor) 37460 MONTRESOR +33(0)6 80 43 38 75 www.corroirie.com

Église Saint-Martin

Pietà de Jean Fouquet 3 rue Jean Fouquet 37460 NOUANS-LES-FONTAINES +33(0)2 47 92 62 09

Eglise Abbatiale Saint-Pierre

Place de l'abbave 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 50 04 www.preuillvsurclaise.fr

Chapelle de tous les Saints 1 rue de la Chapelle 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 50 04

www.preuillysurclaise.fr **Chapelle Saint-Jean**

du Liget 37600 SENNEVIERES +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

Prieuré de

Grandmont Villiers Grandmont Villiers 37460 VILLELOIN-COULANGE +33(0)2 47 92 76 48

Museums

Musée de la Préhistoire 4 rue du bois rouge 37290 BOSSAY-SUR-CLAISE +33(0)2 47 94 52 30 Open from 15/06 to 15/08/2020 Adult full fare: € 2.00 Child: € 1,00 under 14 yrs www.bossay-sur-claise.net/a-p-a-b/

Maison d'artistes de

la Touraine du Sud Bureau d'information touristique Place Blaise Pascal 37160 DESCARTES +33(0)2 47 92 42 20 Open from 02/01 to 31/12/2020 Free www.ville-descartes.fr

Maison Musée

René Descartes 29 rue Descartes 37160 DESCARTES +33(0)2 47 59 79 19 Open from 01/04 to 31/10/2020 Adult full fare: € 5.00 Free: under 18 vrs www.ville-descartes.fr

Musée de l'outil et des vieux métiers Ancienne école 37350 LA CELLE GUENAND +33(0)6 11 95 19 19 By appointment Adult full fare: € 5.00 Child: € 2.50 Free: under 7 yrs www.museedeloutil.free.fr

Musée de la Préhistoire

Le Château 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 90 20 Open from 02/01 to 31/12/2020 Adult full fare: € 6,00 Free: under 7 yrs www.prehistoiregrandpressigny.fr

Galerie Saint Antoine

Place de Mazerolles 37600 LOCHES +33(0)2 47 59 48 21 Open from 01/01 to 31/12/2020 Free www.ville-loches.fr

Maison-Musée Lansver

Musée de France Rue Lansver 37600 LOCHES +33(0)2 47 59 48 21 +33(0)9 63 52 52 52 Open from 01/05 to 01/11/2020 Adult full fare: € 5,00 Free: under 7 vrs www.ville-loches.fr

La Maison du Carnaval "Café Branger"

55 rue nationale 37240 MANTHELAN +33(0)6 82 78 66 70 Open from 01/03/2020 the 08/03/2020, and from 19/09 to 20/09/2020 (by appointment during the rest of the year) - Free www.carnavaldemanthelan.fr

Le Gemmail

Halle des Cardeux 14 rue du Marché 37460 MONTRESOR +33(0)6 23 23 07 25 +33(0)2 47 92 70 71 Open from 01/01 to 31/12/2020 - Free

Le Temps d'une rencontre musée d'archéologie

37460 NOUANS-**LES-FONTAINES** +33(0)2 47 92 79 10 Open from 01/04 to 30/09/2020 Free

www.facebook.com/ltdra

Maison Jean Fouquet

5 rue Jehan Fouquet 37460 NOUANS-LES-FONTAINES +33(0)2 47 92 62 09 Open from 01/01 to 31/12/2020 Adult full fare: € 0,50 (change machine)

Musée de la Poterne

Carroir des prisons 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 50 04 Open from 16/07 to 16/08/2020 Adult full fare: € 2,00 Child: € 1,00 (12/18 yrs) Free: under 12 yrs www.preuillysurclaise.fr

Musée de la Belle Lochoise Maquettes en bois

Les Bournais **37600 SENNEVIERES** +33(0)6 52 55 43 95 Open from 01/01 to 31/12/2020 (By appointment) Free

Musée Mado Robin

Place Francois Mitterrand 37290 YZEURES-SUR-CREUSE +33(0)2 47 94 26 54 +33(0)2 47 94 55 01 Open from 02/01 to 31/12/2020 Adult full fare: € 3,50 Free: under 18 vrs

Musée Minerve Place F. Mitterrand 37290 YZEURES-SUR-CREUSE +33(0)2 47 94 26 54 Open from 02/01 to 31/12/2020 Free - explanatory booklet € 3 (optional)

Curiosities and original discoveries

Dolmen Les palets de Gargantua Lieu-dit "Le Champs de l'Ormeau" 37290 CHARNIZAY +33(0)2 47 94 53 02

Dolmen Le Chillou du Feuillet Lieu-dit "La Barbotinière" 37160 DESCARTES +33(0)2 47 92 42 20

Éolienne Bollée Rue de l'Eolienne 37310 DOLUS-LE-SEC +33(0)2 47 59 11 52 www.doluslesec.fr

Menhir de la Pierre Percée Les Érables 37800 DRACHE +33(0)2 47 91 82 82

Le Dolmen d'Hvs Pierre Levée 37460 LE LIEGE +33(0)2 47 59 74 38

Carrière Troglodytique de Vignemont 52 ter rue des Roches 37600 LOCHES +33(0)2 47 91 54 54 www.carriere-de-vignemont.fr

Dolmen de la Pierre Chaude près du Hameau Le Châtelier 37350 PAULMY +33(0)2 47 59 66 64 www.paulmv.fr

Dolmen de la Pierre Levée Hameau de Confluent **37290 YZEURES-**SUR-CREUSE +33(0)2 47 94 55 01

Sentier de bourg Place de la Mairie 37600 BETZ-LE-CHATEAU +33(0)2 47 59 65 06

www.mairiedebetzlechateau.f Sentier de bourg

Place Simon Jacquet 37290 BOUSSAY +33(0)2 47 94 96 82 www.loches-loirevalley.co.uk

• "Labvrinthe de la Forêt de Tours-Preuilly" at PREUILLY SUR CLAISE,

• " Sur les Traces de René Descartes " at Descartes,

" Sud Touraine Explorer"

fun app. Included in this

• " Les Trolls de la Touraine

du Sud" at DESCARTES, LE

GRAND-PRESSIGNY and

PREUILLY SUR CLAISE .

Apps

app:

+33(0)2 47 94 96 82 +33(0)2 47 92 42 20 www.loches-loirevalley.co.uk

Natural sites and protected natural areas

La vallée troglodytique des Coteaux Les coteaux 37800 DRACHÉ +33(0)2 47 65 02 13 +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

+33(0)2 47 59 62 45

l'Eperon de Murat

+33(0)2 47 27 81 03

Étang du Louroux

37240 LE LOUROUX

+33(0)2 47 92 82 07

+33(0)2 47 91 82 82

des Prairies du Rov

+33(0)2 47 91 82 82

www.loches-loirevalley.co.uk

Forêt domaniale

+33(0)2 38 65 47 00

+33(0)2 47 91 82 82

Forêt Tours-Preuilly

37290 PREUILLY-SUR-CLAISE

Etang de la Ribaloche

+33(0)2 47 94 96 82

www.loches-loirevalley.co.uk

Interpretive

trails

Les Chemins

LES-LOCHES

du Faucon Noir

37600 BEAULIEU

+33(0)2 47 91 94 94

www.beaulieulesloches.eu

37600 LOCHES

37600 LOCHES

37350 FERRIÈRE-LARCON

Espace Naturel Sensible

Espace Naturel Sensible

Lieu-dit Murat

Sentier de bourg Les Fontaines rouges La Cartésienne 37240 ESVES-LE-MOUTIER Place de l'Hôtel de Ville 37160 DESCARTES +33(0)2 47 92 42 20 Espace Naturel Sensible de

Sentier de bourg Ealise 37350 FERRIERE-LARCON +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

et Fleur d'Or

www.chedianv.fr

Circuit découverte de Genillé 37460 GENILLE +33(0)2 47 59 50 21 www.genille.eu

Chemin de sens Rue de l'ancienne mairie 37290 BOUSSAY +33(0)2 47 19 92 62

Sentier de bourg Place de la Poste 37350 CHAUMUSSAY +33(0)2 47 94 96 82 www.loches-loirevalley.co.uk

Village de Chédigny "Jardin Remarquable

5 Place de la Mairie 37310 CHEDIGNY +33(0)6 98 89 82 94

Sentier de bourg 4 Rue du Chaisneau

37320 CORMERY +33(0)2 47 91 82 82

www.loches-loirevalley.co.uk

Sentier de bourg Place de l'église 37350 LA CELLE-GUENAND 02 47 94 96 82 www.loches-loirevallev.co.uk

Sentier de bourg Place de la Mairie 37350 LA GUERCHE +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

Sentier de bourg Place Savoie Villars 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 96 82 www.loches-loirevallev.co.ukm

Sentier d'interprétation de l'étang et du village du

37240 LE LOUROUX +33(0)2 47 91 82 82 www.loches-loirevallev.co.uk

Louroux

Sentier de bourg Place de l'église

37350 LE PETIT-PRESSIGNY +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

A la découverte du sentier d'Orfonds Carrefour d'Orfonds 37600 LOCHES +33(0)2 47 91 82 82

Les Balcons de l'Indrois 37460 MONTRESOR +33(0)2 47 92 70 71 www.loches-loirevalley.co.uk

www.loches-loirevalley.co.uk

Sentier de bourg Place de l'abbaye 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 96 82 www.loches-loirevalley.co.uk

Sentier RandoCroquis

du Pas aux Ânes Étang du Pas aux Ânes 37600 SENNEVIERES +33(0)2 47 91 82 82 www.onffr

Sentier de bourg

Place François Mitterrand 37290 YZEURES-SUR-CREUSE +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

Guided tours

Rando en Touraine

37600 BEAULIEU-LES-LOCHES +33(0)6 43 57 38 41 www.randoentouraine.com

Promenades florales

By appointment Mairie de Chédigny 37310 CHEDIGNY +33(0)6 98 89 82 94 www.chedigny.fr

Visite accompagnée

du village By appointment on Thursdays during July & August Bureau d'information touristique Place Savoie Villars 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 96 82 www.loches-loirevalley.co.uk

Visite guidée du village du Louroux On Sundays during July, August and early September. By appointment. Mairie du Louroux 37240 LE LOUROUX +33(0)6 43 56 20 33 +33(0)2 47 92 82 07 www.lelouroux.com

Visite en calèche Loches et Beaulieu-Lès-Loches

From July to early September Place de la Marne **37600 LOCHES** +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

Chasse au trésor dans Loches During school holidays from April to October Place de la Marne 37600 LOCHES +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

By appointment for groups and individuals: long weekends in May and from 6 July to 30 August Place de la Marne 37600 LOCHES +33(0)2 47 91 82 82 +33(0)2 47 44 11 55 www.loches-loirevallev.co.uk

Visite guidée estivale de la ville de Loches July - August

Place de la Marne 37600 LOCHES +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

Visite quidée de Loches

By appointment for groups Place de la Marne **37600 LOCHES** +33(0)2 47 91 82 82 www.loches-loirevallev.co.uk

Visite guidée costumée

By appointment 32 Grande rue 37460 MONTRESOR +33(0)6 08 05 39 64 www.montresorseraconte.com

Visite du village

de Montrésor Sur rendez-vous pour les groupes Grande rue 37460 MONTRESOR +33(0)2 47 91 82 82 www.loches-loirevalley.co.uk

Visite accompagnée du village

By appointment during July & August Bureau d'information touristique Grande rue 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 59 43 www.loches-loirevalley.co.uk

Chasse au trésor

By appointment on Tuesdays during July & August Etang de la Ribaloche 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

Gardens

Jardin des Viantaises Rue des Viantaises 37600 BEAULIEU-LES-LOCHES +33(0)2 47 91 94 94 www.beaulieulesloches.eu

Jardin du Presbytère Mairie 37310 CHEDIGNY

+33(0)6 98 89 82 94 www.chedigny.fr

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22

Village de Chédigny "Jardin Remarquable" Mairie 37310 CHEDIGNY 06 98 89 82 94 www.chedigny.fr

Jardin René Boylesve Impasse Notre-Dame 37160 DESCARTES +33(0)2 47 91 42 00 www.ville-descartes.fr

Arboretum Rue de l'Indrois 37460 GENILLE +33(0)2 47 59 50 21 www.genille.eu

Jardin public et jardin Saint-Louis 37600 LOCHES +33(0)2 47 91 19 50 www.ville-loches.fr

Jardin d'inspiration médiévale de la Cité Rovale de Loches 5 place Charles VII 37600 LOCHES +33(0)2 47 19 18 08 www.citeroyaleloches.fr

Le Jardin d'Artiste de la Cressonnière 6 rue des Saulniers **37800 SEPMES** +33(0)6 07 43 73 02 +33(0)2 47 65 57 04 www.ccartistecreateur.unblog.fr

Le Petit Jardin de l'Herbaliste 2 rue du Breuil 37460 VILLELOIN-COULANGE +33(0)6 84 68 46 13 www.lepetitjardindelherbaliste.sitew.fr

Hiking

You can find flyers detailing all our hiking tours in our various tourist information offices or download them on our website at www.loches-loirevalley.co.uk

Cycling

You can find flyers detailing all of our 8 to 40 km cycle loops in our various tourist information offices or download them on our website at www.loches-loirevalley.co.uk

Bike rental

Les Vélos des Sables Bike Rental 37 Chemin des Sables 37310 CHAMBOURG-SUR-INDRE +33(0)7 68 55 58 07

Location de vélos Bureau d'information touristique Place Savoie Villars 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

Location de vélos électriques 10 Place Savoie Villars 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 96 86

Location de vélos VTT et VAE Place du Port aux Sables Base de canoés 37600 LOCHES +33(0)6 74 63 36 80 www.culturaidsconcept.fr

Détours de Loire

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Location de vélos 22 rue des Lilas 37460 NOUANS-LES-FONTAINES +33(0)2 47 92 62 33

Riding

Promenade en calèche Loches - Beaulieu-lès-Loches Place du Maréchal Leclerc 37600 BEAULIEU-LÈS-LOCHES +33(0)2 47 91 82 82 +33(0)6 24 97 02 05 www.loches-loirevalley.co.uk

Les p'tits sabots de Virfollet

Virfollet 37290 BOSSAY-SUR-CLAISE +33(0)6 77 72 67 11

Les Ânes des sables

Donkey Ride 37 chemin des sables 37310 CHAMBOURG-SUR-INDRE +33(0)7 68 55 58 07 www.lesanesdessables.sitew.fr

Les écuries de Montifray

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www.ecuries-de-montifray.fr La P'tite Chevauchée 11 le Poitevin

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Les Chevaux

de La Lande La Giraudière 37460 GENILLE +33(0)6 62 64 74 80 www.leschevaux-delalande.com

Ecuries de la Bergauderie La Bergauderie

37350 LE GRAND-PRESSIGNY +33(0)2 47 94 90 49

Écuries de la Paulnière

La Paulnière 37600 LOCHES +33(0)2 47 91 92 01 www.ecuriesdelapaulniere.com

Les Ecuries

des Grands Robineaux 37600 PERRUSSON +33(0)2 47 59 24 17 +33(0)6 87 00 41 64 www.lesgrandsrobineaux.com

Circuit équestre et attelage

Forêt de Tours-Preuilly 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

Poney club Annabelle

Les Poitevins **37600 SENNEVIERES** +33(0)2 47 94 71 71 +33(0)6 31 35 09 12

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Centre équestre et poney club du Buisson Le Buisson

37310 TAUXIGNY SAINT-BAULD +33(0)6 64 48 81 08 www.poney-club-gite-tauxigny.fr

Les Allées d'Harambure

Petit Grange 37290 YZEURES-SUR-CREUSE +33(0)7 86 79 74 45 www.barambure.fr

Adventure park

Clic'Lac parc aventure Le Plessis 37460 CHEMILLE-SUR-INDROIS +33(0)6 52 53 88 53 www.cliclacaventure.fr

Swimming and water sports

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Base de loisirs de Chemillé-sur-Indrois 37460 CHEMILLE-

SUR-INDROIS +33(0)2 47 92 60 75 +33(0)2 47 92 70 71 +33(0)2 47 92 77 83 www.lescoteauxdulac.com

Parc de loisirs de Descartes Allée Léo Lagrange 37160 DESCARTES +33(0)2 47 59 85 90 +33(0)2 47 91 42 00 www.ville-descartes.fr

Espace Aquatique Parc de loisirs Allée Léo Lagrange 37160 DESCĂRTES +33(0)2 47 59 70 03 www.ville-descartes.fr

Club canoë kayak de Descartes

Parc de loisirs Allée Léo Lagrange BP 65 37160 DESCARTES +33(0)2 47 59 81 65 +33(0)7 86 88 78 07 www.kavakdescartes37.wix.com/ clubkayakdescartes

Piscine municipale

de Genillé Rue de la Varenne 37460 GENILLE +33(0)6 70 99 50 92 www.genille.eu

Piscine municipale

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Piscine municipale Rue de la gare 37240 LIGUEIL +33(0)2 47 92 05 37 +33(0)2 47 59 60 44 www.ville-ligueil.fr

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Piscine municipale Place du champ de foire 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 51 54 +33(0)2 47 94 50 04 www.preuillysurclaise.fr

Piscine municipale Rue du pont 37290 YZEURES-SUR-CREUSE +33(0)2 47 94 55 01

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Les Bains Douches Rue du Sanitas **37600 LOCHES** +33(0)2 47 59 12 12 www.les-bains-douches.fr

Air leisure activities

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Natur'Ailes - ULM Les Jolletières **37600 LOCHES** +33(0)6 61 76 05 01 www.natur-ailes.fr

Golf

Mini golf Parc de loisirs Allée Léo Lagrange 37160 DESCARTES +33(0)2 47 59 85 90

www.ville-descartes.fr Mini golf Rue du Plessis **37460 NOUANS-LES-FONTAINES**

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+33(0)2 47 94 79 48

www.golf-lochesverneuil.fr

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Planétarium

Le Ligoret

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+33(0)6 04 45 21 83

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Plan d'eau de Longueville

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Etang des Chétauderies

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sur-Indrois

SUR-INDROIS

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Etang du Louroux

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www.ville-ligueil.fr

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SAINT-AVANT

www.fedepeche37.fr

37310 AZAY-SUR-INDRE

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www.astrotouraine.fr

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Golf de Loches Verneuil

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Trottxway Balades en trottinettes électriques 37600 LOCHES

www.trottxway.fr

Labyrinthe de la Forêt de Tours-Preuilly Étang de la Ribaloche 37290 PREUILLY-SUR-CLAISE +33(0)2 47 94 96 82 www.loches-loirevallev.co.uk

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Trott'ecow

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LES-LOCHES

Courcoul

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Saint-Senoch

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Parcours de Pêche passion des bords de Creuse

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www.lochesangeles-sidecar.com

Electric scooter rides

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La G'Art - Monsieur Machin et Madame Truk Interior design

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Horlogerie Vassort & Joubert

10 rue des ponts 37600 LOCHES +33(0)2 47 94 08 65 www.vassort-ioubert.com

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Lacework and weaving 9 rue Saint Antoine 37600 LOCHES +33(0)6 64 91 68 70

L'atelier

par JR Déco DESIGN Furniture creation and renovation 12 rue Agnès Sorel 37600 LOCHES +33(0)7 62 74 53 03

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Ironwork, sculptures, and exhibition 1 rue de la Vallée Vospeaux **37600 LOCHES** +33(0)6 77 04 52 83 +33(0)6 33 54 30 33 www.leterrier-galerie.fr

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François 1er Place de l'Hôtel de ville 37600 LOCHES +33(0)2 47 91 19 50 www.ville-loches.fr

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Les Flaveurs de la Terre 7 rue Balzac **37600 LOCHES** +33(0)2 47 59 08 91

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www.auxyraismacarons.fr

Aux vrais macarons de Cormery 8 rue nationale 37320 CORMERY +33(0)2 47 43 40 53

Educational farms

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Ferme pédagogique du Cabri au Lait Les Héraults 37800 SEPMES +33(0)2 47 32 94 86 www.cabriaulait.fr

Cheeses

La Boîte à fromages Les Grands Champs **37160 ABILLY** +33(0)2 47 59 83 66 www.laboiteafromages37.com

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Ferme La Rabinière La Rabinière 37600 BETZ-LE-CHATEAU 02 47 59 07 19

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EARL Le Cabras La Grand'maison 37310 DOLUS-LE-SEC +33(0)2 47 59 48 18 www.lecabras.fr

GAEC Lait Grand Cru La Grande Borde 37350 LE GRAND-PRESSIGNY +33(0)2 47 94 95 90 +33(0)6 99 41 95 90

GAEC Limouzin Frères La Petite Carte 37350 LE PETIT-PRESSIGNY +33(0)2 47 94 93 94

EARL les Pampilles de l'Oisellière L'Oisellière 37240 LIGUEIL +33(0)6 70 41 64 99 www.fromagerie-lespampilles.com

La Ferme des Croq'épines La Treurie 37460 NOUANS-LES-FONTAINES +33(0)6 24 06 52 64 www.lafermedescrogepines.com

Les Brebis du Lochois GAEC Froidevaux-Cornuet La Brosse 37600 PERRUSSON +33(0)2 47 59 26 08

Les Tremblaires 9 Les Tremblaires +33(0)6 78 50 44 86

Fruit and vegetables

Les Jardins Vergers de la Petite Rabaudière La Petite Rabaudière 37290 BOSSAY-SUR-CLAISE +33(0)6 26 40 56 06 www.lesjardinsvergers.blogspot.fr

Oils

Philippe JOUBERT I 'Aubier 37600 BETZ-LE-CHATEAU +33(0)2 47 92 32 54 +33(0)6 89 95 18 54

Farm shops

La Cabane des 4 saisons "Le Paradis" rue de la Croix Gaillard 37600 BEAULIEU-LES-LOCHES

Saveurs Lochoises Magasin de producteurs 33 rue de Vauzelles 37600 LOCHES +33(0)2 47 94 11 32

Vos casiers de campagne 2, place de l'Union 37350 PAULMY +33(0)2 47 59 66 64

Laiterie de Verneuil 37600 VERNEUIL-SUR-INDRE +33(0)2 47 94 71 02 www.laiterie-de-verneuil.com

Honey

Le Rucher des Tanneries 5 rue des Tanneries 37350 LA CELLE-GUENAND +33(0)2 47 91 07 71

Au Rucher du Coteau 3 chemin du Coteau 37600 SAINT-HIPPOLYTE +33(0)6 30 61 18 06 www.aurucherducoteau.iimdo.com

Miel - Produits de la ruche 9 rue de Beaumont 37460 VILLELOIN-COULANGÉ +33(0)6 82 41 55 19

Eggs

EARL Ferme de Grange Neuve

Grange Neuve 37290 CHARNIZAY +33(0)2 47 94 53 17

Syrups and fruit juices

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37460 VILLELOIN-COULANGE +33(0)6 46 89 53 99

Confectionery

Confiserie Hallard 62 bis avenue Aristide Briand 37600 LOCHES +33(0)2 47 91 91 97 www.confiseriehallard.fr

Cadeau et Chocolat Artisanal chocolate shop ZA du Noyer Froid Route de Loches 37240 MANTHELAN +33(0)2 47 59 63 68 www.cadeauetchocolat.com

Meat / fish canneries

Ferme du Bois Meslin **Bois Meslin** 37160 ABILLY +33(0)2 47 92 44 60

Abeilles et Cervidés La Bourdinière

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GAEC La Faisanderie La Faisanderie 37600 BETZ-LE-CHATEAU +33(0)6 88 98 53 55

Ferme de la Thilouardière La Thilouardière 37600 BETZ-LE-CHATEAU +33(0)2 47 92 03 93 +33(0)6 72 94 80 01

Maison Galland Ferme des Bournaichères 37600 BETZ-LE-CHATEAU +33(0)2 47 92 30 85 www.maisongalland.fr

La Vrilletière La Vrilletière 37290 CHARNIZAY +33(0)2 47 94 51 77

La Glanchère La Glanchère 37160 DESCARTES +33(0)6 78 36 76 39

Maison Perrin

Civray 37350 LA CELLE-GUENAND +33(0)2 47 94 95 81 +33(0)6 88 12 83 87

Ferme de la Folie

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EARL de Sainte-Julitte

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Practical information

Buy smart at our ticket office

Load up on discounts by buying your tickets at the Loches Touraine Châteaux de la Loire Tourist office and at the Tourist Information Offices in Montrésor. Le Grand-Pressigny and Descartes.

Visit the best sites in the Loire Valley at a preferential rate: La Cité Royale de Loches; the châteaux of Chenonceau, Chambord, Amboise, and Chinon; the Beauval ZooParc, and many more!

The sale of fishing licenses is also carried out by the tourist office and some tourist information offices.



Loches Touraine Châteaux de la Loire Tourist Office Place de la Marne 37600 Loches Tel. :+33 (0)2 47 91 82 82 info@loches-valdeloire.com

Shops

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